

Runecentum session 3 prep:

- Look @ Fire on the velvet horizon, fun inspo.
- Read Grotta söngur - inspo for another island
- NPCs - a couple who came from another island - fled when Bull of the Storm came to their land. 1-2 weird things they saw on their travels.

• 9 Realms:

- (1) Asgard - Realm of the Gods (dead) <sup>↳ swappies</sup>
- (2) Alfheim - Realm of the Bright Elves
- (3) Jotunheim - Realm of the Giants
- (4) Midgard - Realm of the Humans.
- (5) Muspellheim - Realm of fire + chaos
- (6) Nidavellir - Realm of the dwarves.
- (7) Niflheim - Realm of Ice + mist + snow.
- (8) ~~Svartalfheim~~ - Realm of the ~~Black~~ Elves
- (9) Vanahaim - Realm of the Vanir <sup>↳ peaceful.</sup>   
 <sup>↳ Hel: Realm of the dead who didn't die in Battle.</sup>

Rainbow bridge fragments.  
 Valhalla seems to be no more.  
 weren't you supposed to be in Valhalla?



→ Fenja + Menja. Millstone guards anything  
inanimate the guards went if to. they  
were enslaved in Ragnarök and taken here  
to guard gold. Captor was a mighty King;  
He comes <sup>(from the center of world)</sup> twice a year to enter the well.  
if not at the proper level he cuts them  
with the bleeding sword. They have ever-  
bleeding cuts all over, Fenja more than  
Menja. Blazon skin - half-Jotunn, the  
only who can push the mill-stone.

which in center begins pulling them in  
if they stop. too weak to break chains.

↳ other ppl have come but they just  
steal gold.

↳ hostile @ first. They figure Alvar's a trick.

↳ when free Fenja wants to seek mtus.  
Menja wants to kill King. If freed, they  
want boats.

→ some sort of fish creature along the  
way. Bone-pickers pipahnas.

→ Resilience same to swim? - str.

★ you know that jotuns eat ppl. They just  
want like a leg. <sup>45</sup>